



The Beak

Partying with a purpose since 1996



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Andy & Bonnie Harrell

Club Founders

Hey there PHCOT Phlockers!

Wow, the heat and the dog days of summer are definitely here. We are in the last days of preparation for the 10th "Annual" Bonnie Harrell Memorial Benefit for the Ovarian Cancer Research Alliance. Thank you so much to our generous donors of auction items and all things wonderful that could be combined into gift baskets. We are looking for a great day and I will recap the event in my September column.

Our social committee of Karen Cagni, Phil Hines and Lynn Gerke are doing a PHintastic job. The Brent Burns house concert was a great time. What a great story teller he is. Thanks to Joe and Susan for hosting. Also, a nice sized group of PHolks made it out to the VB Little Theater to see Escape to Margaritaville. The reviews are in and everyone had a great time. More on socials here in the newsletter.

Please check out our favorite local musicians Robbie Meade, Joey Wood, Mike Proffitt, the Tiki Bar Band, Brad Brewer and others as they are well into their summer schedules. There are so many resources to find out the musician schedules. Look them up on Facebook, Veer magazine, www.vbnightlife.com, and www.hrscene.com. You can check out the YNOT Wednesday summer schedule at www.sandlercenter.org/events/free-events.

Coming up we have an opportunity to support our PHriends at SMILE (www.smileasier.org). Their golf tournament has been moved to September 22, still at the Cypress Point Country Club in Virginia Beach. All the details are on the events page of their website.

I was sitting here having coffee this morning while I was thinking about what to write for my column this month. My mind went to all of the wonderful PHriendships that I have made over the years through PHCOT. I dare say, that a number of those PHriendships have progressed personally to the level of PHamily. It is so cool to watch everyone at club meetings and events, and PHolks social media accounts to see how our members have developed those relationships in their own ways over the years. Some PHolks come in to the club as PHriends, some find us in their own way but once everyone is in the PHCOT melting pot PHun things happen. It was just a thought that made my heart smile.

*I have been drunk now for over two weeks, I passed out and I rallied and I sprung a few leaks,
But I've got to stop wishin', Got to go fishin', I'm down to rock bottom again.
Just a few PHriends, Just a few PHriends!*

Skipper

The Board of Directors Meeting Minutes and Treasurer's Reports are available for review at the Secretary's table at each general meeting.

MISSION STATEMENT: Our not for profit organization is formed of people who realize they are blessed with abundant life and want to return to the community and environment in some small way, the gifts we share as well as provide a variety of social activities for people who share an enjoyment of Jimmy Buffett's Music.



ATTENTION TIDEWATER PARROT HEADS !!!!!!! Road Clean Up

Who: Parrot Heads Helping Their Community

What: Road Clean Up

When: September 09, 2023 @ 9:30 A.M.

Where: Meeting at 1501 Sentinel Drive, we will park near the AT&T Store.

NEW location: Woodlake Drive is our adopted roadway.

This is a great chance to give back to our community and spend some time with your Parrot Head Phriends. We always have a PHINTASTIC time and it is for a worthy cause. We will have a sign up sheet at the August club meeting. If you have any questions please send me an email or give me a call. After the road clean up we will meet for refreshments and some social time at Recovery Sports Grill. The grill is located in the same shopping center. The club provides safety vests, trash bags. Hope to see you there!!

PS: We have a new location and start time.

Thanks,
Joanie & David James
757-580-5984
james189@cox.net



BOGO PHCoT Hats!!
Buy one PHCoT hat and get one FREE!! Two different designs but same color hat. Both for only \$10.
Contact Tom Cannon to purchase or for more information.

**MARK YOUR CALENDARS FOR THESE
UPCOMING SOCIALS**

POOL PARTY AND COOKOUT
At the home of Ray Cross
5132 Langston Road, VB 23464
Saturday, August 5, 2-6 pm

We'll have hot dogs and hamburgers. You bring a dish to share, your own beverages, beach towel and a lawn chair. Pop up tents welcome. Please, no pets. It will be a day of visiting with your club friends, swimming, and good food. Let us know at the club meeting, August 1, if you'll be able to attend. We ask for a \$5 commitment fee at that time. Questions? Contact Phil Hines, Karen Cagni, Lynn Gerke

TAKE ME OUT TO THE BALLGAME!!

The club has reserved seats for the Norfolk Tides Game on **Tuesday, September 12**, 6:30pm. The cost is \$14.00 per person. We need 20 people to get this rate. Bring your family and join us for a fun evening.

It's \$2 TUESDAY - \$2 POPCORN AND BEER!! We suggest you arrive at 5:30 to get a parking place and get in line to get several beers! The Tides are going to the playoffs this year and the crowds are large. Parking was difficult when we went in June.

Make your reservation and pay at the August 1 or September 5 club meeting or contact Karen Cagni, 757-803-7150 or kpcagni@aol.com You may pick up your tickets from Phil Hines **from 5:30-6:00 that day outside the gate on the left field (train station) side.**



**IT'S TIME FOR THE 2023 WALK
TO END ALZHEIMER'S!!**
September 23, 2023
Chesapeake City Park, Bagley Stage
900 City Park Drive
Join the PHCoT team



So far this is the schedule for the Walk:

Registration: 8:30 am
Ceremony: 9:40 am
Walk: 10 am

Please follow [this link](#) below to walk and fundraise for our Club Team!!

If you have any questions, please contact Kathy Jamerson at 757-407-7335 or jamer-son57@yahoo.com.



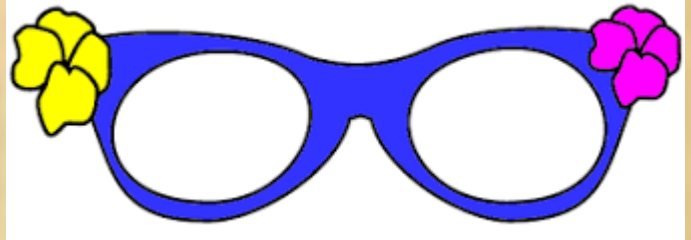
**SECOND WIND, KICKING IN
Tuesday, October 24—Sunday, October 29
www.motm.rocks**

Turn your ink cartridges into SMILEs!

SMILE can turn every ink cartridge brought to a Parrot Head Club meeting into \$2 at OfficeMax/Office Depot. This helps us offset the cost of our printing from promotional materials to brochures and applications for future **SMILE** Kids, folders (given to families with important materials for their equipment and a welcome packet to the **SMILE** family) as well as everyday office materials we use to further our mission of enhancing the lives of children impacted by life-threatening medical conditions. Any size used ink cartridge (home or office) can be brought to a Parrot Head Meeting and given to **Ray Cross**.



Lion's Clubs can offer the gift of sight or sound to those in need through the kindness of others.



PHCoT is collecting eyeglasses, hearing aids, cellphones and keys at our meetings to support those in need. Please bring any of these items to a club meeting and see Colleen Cannon.

August PHlocker Birthdays!

Loretta Silvia August 3
Bobby Hensley August 8
Bob Roberts August 9
Susan Harris August 15
Sharon Pitz August 21
Cappy Harrell August 27
Cindy Hines August 27
Jackie Ragan August 28
Penny Wood August 29

August PHlocker Anniversaries!

Cappy Harrell 8-1-2011
Karen Cagni 8-3-1999
Floyd Whitehurst 8-3-21
Joanie James 8-4-2009
David James 8-4-2009
Samantha Pitz 8-4-2009
Shirley Gunnell 8-8-2017
Scott Pitz 8-31-1996
Sharon Pitz 8-31-1996

Communication Corner

(or where can I find information????)

PHIP.com - Parrot Heads In Paradise, Inc.
*Official Website
Check out the PHIP TradewindTimes
Quarterly Newsletter under Chapters
PHIP You Tube—<https://www.youtube.com/c/ParrotHeadsinParadiseinc>

PHCOT.com - Parrot Head Club of Tidewater
*Information about us!

PHLOCKERS MAGAZINE.com - a wealth of
information. Phlocking parties all over the
country and great articles.

TROPROCKIN.com - a wealth of information
about happenings in the Trop Rock world.

UPCOMING PHLOCKINGS -

Meeting of the Minds
October 25-29
Gulf Shores, Al

Trop Rock'N Duval
November 1-5, Key West FL

"TROP ROCK" ON THE RADIO -
WWW.RADIOMARGARITAVILLE.COM
WWW.RADIOA1A.COM
WWW.BEACHFRONTRADIO.COM
WWW.RADIOTROPROCK.COM
WWW.TIKIMANRADIO.COM
WWW.RADIOTROPROCK.COM
WWW.PYRATERADIO.COM
WWW.SONGWRITERSISLAND.COM
WWW.SUMMERWINDRADIO.COM

We are collecting non-perishable food items for the **Atlantic Shores Baptist Church Food Pantry!** So on your next grocery trip, pick up some canned goods, pasta, rice, beans, cereal, peanut butter, or other healthy, shelf-stable food items and help out your neighbors. See Graham and Kathy Hallows with your donations.



Food Pantry

“When the Wild Life Betrays Me” Calendar

August

Tue 1st **Club Meeting and Holiday Social**
AJ Gators 7:30 pm

Sat 5th **Pool Party & Cookout**
Ray Cross' Home
Virginia Beach

Fri 18th **SMILE Golf Tournament**

Thurs 31st **September Beakon Submission**
Deadline 5 pm

September

Tues 5th **Club Meeting**
AJ Gators 7:30 pm

Sat 9th **Road Clean Up**

Tues 12th **Social: Tides Game**

Sat 23rd **Alzheimer's Walk**
Chesapeake City Park

Thur 28th **October Beakon Submission**
Deadline 5 pm

October

Tues 3rd **Club Meeting**
AJ Gators 7:30 pm

Thur Nov 2nd **November Beakon Submission**
Deadline 5 pm



WE'VE GOT SPACE FOR YOU!!!

SEE YOUR MUG HERE

Advertise in the **BEAKON!**
Just \$75 per year for a business-card sized ad!!!

For advertising information, please contact **Scott Pitz** at crabphin@aol.com



Everyone Needs A Little Sunshine!

Occasions arise in everyone's lives where they might need some good old fashioned Parrot Head love. Please let Maryglenn Huffman (757) 574-4067 or 2fruitcakes@cox.net know about weddings, births, hospital stays, etc. so that we can reach out to our members in need of some sunshine!



Help out our phurry and pheathered phriends! At every meeting we will be collecting items for the SPCA. Items needed include food, litter, birdseed, biscuits, old newspapers and old towels. Items collected will be sent to the Virginia Beach SPCA.

PHCOT Membership

Membership includes a club T-shirt and this monthly newsletter. Annual dues are \$35.00 per person per year. Membership renewal dues are required to be **paid in full by the October meeting** to remain a "Member in Good Standing" and are not pro-rated. However, **new membership dues** are prorated. You will find more information and a membership form at www.phcot.com. Click on **"Visit Us"**! Come join the phlock.

