



The Beak

Partying with a purpose since 1996



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Club Founders

Hey there PHCOT Phlockers!

Well, February was a pretty slow month for us. Other than the meeting not much was going on. However, we did have one exciting thing start up. With a number of clubs across the country doing their own Parrot Head cruises and the announcement that Carnival is going to be using Norfolk as a homeport for the Carnival Sunshine, Phil Hines approached the board about giving PHCOT cruise a go. As with anything, we want to start with just the cruise and get out "beaks" wet so to speak and then over the coming years to build on it. Please check out the information here in the newsletter. Please reach out to Phil Hines (PhilHines@TheTravelersCaddy.com) if you would like more information.

I am including in the newsletter, the club's 2023 Community Service Report that we sent to PHIP with our annual report. YOU contributing 277 volunteer hours and raised \$24,502 for charity that we support. Thank YOU for all that you do to support these charities!!!

Coming up in next week, we have the Ocean View St. Paddy's Day Parade on Saturday, March 16th. I know that there is a contingent of our club members that will be gallivanting around the Caribbean on the Parrot Head Cruise but I am confident that our members holding down the fort in the area will have a good showing. Bob Roberts is also putting together an after the parade social for us.

We will be participating in the MS Walk on Sunday, April 7th. Jim Levick and Ray Cross are our team leaders for this effort. They will be getting information out to the coconut telegraph about our team and volunteer opportunities. I know that Jim keeps touting that we need to try and beat Katie Collett and the WAVY TV10 team. Claire from the National MS Society loves to have our team out at this event because of all the spirit and energy that our team brings.

On Saturday, April 20th our PHruffy Road Cleanup crew will be gearing up to do our first cleanup of the year. Joanie and David James do a great job leading up this effort for us. The details on the road cleanup are here in the newsletter.

As spring time comes upon us, our favorite Hampton Roads musicians' schedules are changing and gigs will be picking up and moving to outdoor venues. Please check out our favorite local musicians Robbie Meade, Joey Wood, Mike Proffitt, the Tiki Bar Band, Brad Brewer and others on their webpages and Facebook pages.

Coming up this spring we will be holding elections for the Board of Directors. More information will be in the newsletter next month, but the process flow will be call for nominations in March and April, presentation of candidates in May and elections in June with the new board members to be seated in July. This is your club and we need your input and your participation to make it all work.

Well, that is about enough for this month.

Never wanted to be, a part of history.

I have my days in the sun, a beach bum, a man for all seashores.

Guidance counselor said, "Your scores are anti-heroic".

Computer recommends: Hard-drinking calypso poet.....

Skipper

The Board of Directors Meeting Minutes and Treasurer's Reports are available for review at the Secretary's table at each general meeting.

MISSION STATEMENT: Our not for profit organization is formed of people who realize they are blessed with abundant life and want to return to the community and environment in some small way, the gifts we share as well as provide a variety of social activities for people who share an enjoyment of Jimmy Buffett's Music.



Parade Time!



Mark your calendars, March 16th.
It's time for the Oceanview St. Patrick's Day Parade.

Parrotheads turning Irish for the day!!

We will be getting our flock together for the annual St. Patrick's day on March 16, 2024. Shake your tail feathers and show Norfolk what we do for the community. Based on past parades, we meet in front of Northside Middle School on Granby St. between 8:30 and 9:00. Shuttle provided from Oceanview Elementary (end of parade route) to the start of the parade. After the parade, we will all meet up for lunch at a nearby establishment. It is a fun event and should not be missed. Everyone is Irish for the day, so wear your PHCoT, tropical or green attire. Final details are coming soon!!

Please contact Bob Roberts if you have any questions at bobbob160@cox.net.

Date: April 7, 2024

Start/Finish Location: ODU VA Beach Higher Education Center, Lot 3

1881 University Drive, Virginia Beach

Time: Check-In opens at 12:00/Walk Starts at 1:00



The Parrothead Club of Tidewater is helping raise funds to change the world for everyone affected by multiple sclerosis. Here is a step-by-step on how to sign up: Please **CLICK HERE** to join the team. Select the orange "JOIN OUR TEAM" button. Then fill out the registration form.

You will then be given a "Your Page" to help track your progress and see how made donations to your page.

LINK your fundraiser to social media through your Walk MS dashboard. This is so powerful. Fundraising through Facebook increases your reach and invites others to join you in this important work. If you need help with this, you can reach out to Clare Lorio (clare.lorio@nmss.org) or the Fundraising Support Team (855.372.1331 or fundraisingsupport@nmss.org) to get all taken care of.

It is going to be another great year for PHCOT & Walk MS. Cary Cross started us on the journey... let's keep going until we have the cure for her granddaughter, my wife, and everyone we know affected by this disease.

Thank you,
Jim Levick

2024 Board of Director Elections

There are **THREE** Board of Director seats available for the 2024 election. If you are interested, you must submit a letter of intent to run to any current board member either by hand, email or through the US Mail to the PHCoT mail box (PHCOT, PO Box 16078, Chesapeake VA 23328). This correspondence must be received no later than 11:59 pm April 18, 2024. Candidates will be introduced at the May club meeting and the election will be held at the June club meeting.

JOIN US

12th Annual SMILE Gala and Auction

**Just Keep Swimming:
A Night Under the Sea with**



Samantha Makes It a Little Easier

Saturday, April 6th

6:00pm-10:00pm

Norfolk Botanical Garden



Registration is Now Open!

12th Annual SMILE Gala and Auction

Just Keep Swimming:

A Night Under the Sea with SMILE

Date: Saturday, April 6, 2024

Time: 6:00pm-10:00pm

Location: Norfolk Botanical Gardens

ATTENTION TIDEWATER PARROT HEADS

Road Clean UP!!

We need your help.

Who: Parrot Heads Helping Their Community

What: Road Clean Up

When: April 20, 2024 @9:30 A.M.

Where: Meeting at 1501 Sentinel Drive. We will park at the AT&T Store.

NEW location: Woodlake Drive is our adopted roadway.



Hello fellow Parrot Heads.

We have a road clean up coming up. Don't miss your chance to join the PH Ruffies for some phun. The club provides safety vests and trash bags. If you have a pick up tool, please bring them. If you have any questions, please send me an email or give me a call.

After the road clean up we will meet for refreshments and some social time at Recovery Sports Grill. The grill is located in the same shopping center as AT&T. Hope to see you there!!

Thanks!

David & Joanie James 757-580-5984 James189@cox.net



BOGO PHCoT Hats!!

Buy one PHCoT hat and get one FREE!! Two different designs but same color hat. Both for only \$10.

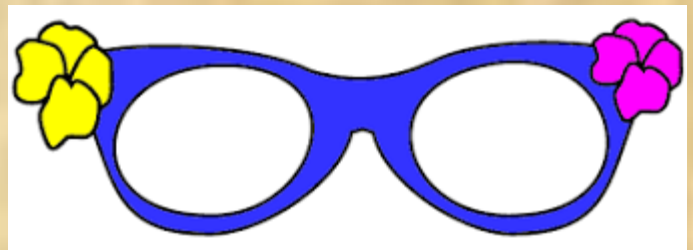
Contact Tom Cannon to purchase or for more information.

Turn your ink cartridges into SMILES!

SMILE can turn every ink cartridge brought to a Parrot Head Club meeting into \$2 at OfficeMax/Office Depot. This helps us offset the cost of our printing from promotional materials to brochures and applications for future **SMILE** Kids, folders (given to families with important materials for their equipment and a welcome packet to the **SMILE** family) as well as everyday office materials we use to further our mission of enhancing the lives of children impacted by life-threatening medical conditions. Any size used ink cartridge (home or office) can be brought to a Parrot Head Meeting and given to **Ray Cross**.

Lion's Clubs can offer the gift of sight or sound to those in need through the kindness of others.

PHCoT is collecting eyeglasses, hearing aids, cell-phones and keys at our meetings to support those in need. Please bring any of these items to a club meeting and see Colleen Cannon.



Parrot Head Club of Tidewater, Inc. Community Service Activities

January 1, 2023 to December 31, 2023

Monthly

Virginia Beach SPCA: Monthly collection of animal food, kitty litter or newspapers.

Volunteer Hours: 21 (to bag and deliver to animal shelters)

Dollar value of items and cash donated: \$1,053.00 (total for 12 months)

Contact: Sharon Q. Adams, VBSPCA, 3040 Holland Road, Virginia Beach, VA 23453, (757) 427-0070

Food Pantry collections: Monthly collection of non-perishable food and cash contributions.

Volunteer Hours: 32 (to bag and deliver to the Food Pantry)

Dollar value of items and cash donated: \$1,168.00 (total for 12 months)

Contact: Atlantic Shores Baptist Church, 1861 Kempsville Road, Virginia Beach, Virginia, (757) 479-1133.

April 2, 2023 – MS Walk – To benefit the National MS Society. 15 walkers and volunteers raised a total of \$4,893.00. Total of 52 volunteer hours.. Contact: Claire Lorio, Development Manager, National MS Society (804) 591-3037, Claire.Lorio@nmss.org.

April 22, 2023 – Adopt a Road – Community road clean-up 16 volunteers for a total of 32 volunteer hours. Contact: Allison Harper, Public Information Coordinator, Chesapeake, VA Public Works Department (757) 382-6101, aharper@cityofchesapeake.net.

July 29, 2023 – 10th Annual Bonnie Harrell Memorial Benefit for the Ovarian Cancer Research Alliance – An all day music event and raffles / auctions to benefit the Ovarian Cancer Research Alliance. 10 volunteers raised a total of \$13,700.00. Total of 100 volunteer hours. Contact: Diana Maynard, dmaynard@ocrahope.org, Ovarian Cancer Research Alliance, P.O. Box 32141, New York, NY 10087-2141 (212) 268-1002

September 9, 2023 – Adopt a Road – Community road clean-up 18 volunteers for a total of 36 volunteer hours.. Contact: Allison Harper, Public Information Coordinator, Chesapeake, VA Public Works Department (757) 382-6101, aharper@cityofchesapeake.net.

September 23, 2023 – Alzheimer's Memory Walk - To benefit the Alzheimer's Association of

Southeastern Virginia. 6 walkers and 10 volunteers raised a total of \$2,781.00. Total of 50 volunteer hours. Contact: Barbara Monteith, Alzheimer's Association of Southeastern Virginia, 6315 N. Center Drive, Suite 233, Norfolk, VA 23502 (757) 459-2405.

December 5, 2023 – Toys for Tots – Toy drive to support the Marines Corps Reserve Toys for Tots drive collection at our December club meeting. Dollar value of items donated: \$907.00. Contact: SGT John Criss, virginia.beach.va@toysfortots.org, (757) 803-8808

Month of December 2023 – PHIP One Blood Drive – 8 members donated seven whole blood pints and two platelets. 10 volunteer hours. Value: Priceless – Contact: Jeff Hoffman, txparrot@aol.com

Attention Flock!

The Parrothead Club of Tidewater is happy to announce
Phloating on the Carnival Sunshine 2025

Join The PHCOT on the Carnival Sunshine May 25, 2025 and take advantage of sailings right here from OUR OWN BACKYARD! All members, friends, and family are welcome to join us for a great time phloating to the Bahamas. The cruise is a 6 day sailing with ports of call at Norfolk, Nassau, Bimini, and Freeport. Included in the cruise fare are staterooms/accommodations, meals at complimentary restaurants, entertainment, and most shipboard activities. In addition, for this group cruise, every stateroom will be eligible to receive the following perks:

\$100 On-board Credit per Cabin

Champagne and Chocolates on Embarkation Day

1 Hour Shared Cocktail Party

Cruise Rates Starting at just \$807.00 (Per Person / Double Occupancy)

Cabins are already booking fast for this first cruise season out of Norfolk.

Email Phil Hines TODAY to secure your cabin.

The Traveler's Caddy LLC

PhilHines@TheTravelersCaddy.com

(757) 994-9448

TheTravelersCaddy.com

Let me know if there are any other details to consider.

Phil Hines

Independent Travel Advisor

The Traveler's Caddy LLC



March PHlocker Birthdays!

Joe Czerwinski March 13

Rick Spink March 16

Jeff Hoffman March 20

Adella Miller March 23

Anne Gunnell March 28

Diana Stankiewicz March 29

David Nichols March 29

March PHlocker Anniversaries!

Ramona Czerwinski 3-1-1996

John Stankiewicz 3-2-2004

Diana Stankiewicz 3-2-2004

Graham Hallows 3-5-2002

Kathy Hallows 3-5-2002

Joey Wood 3-7-17

Penny Wood 3-7-17

Kari Chase 3-3—2020

Sally Connolly 3-1-2022

Communication Corner

(or where can I find information????)

PHIP.com - Parrot Heads In Paradise, Inc.
*Official Website

Check out the PHIP TradewindTimes
Quarterly Newsletter under Chapters
PHIP You Tube—<https://www.youtube.com/c/ParrotHeadsinParadiseinc>

PHCOT.com - Parrot Head Club of Tidewater
*Information about us!

PHLOCKERS MAGAZINE.com - a wealth of
information. Phlocking parties all over the
country and great articles.

TROPROCKIN.com - a wealth of information
about happenings in the Trop Rock world.

UPCOMING PHLOCKINGS -

ParrotHead Rendezvous
April 19-22, 2024 Panama City FL

AIA PHC Beach Bash
June 13-16, 2024
Fernandina Beach, Amelia Island FL

Stars on the Water
August 2-4, 2024
Richmond, VA

"TROP ROCK" ON THE RADIO -
WWW.RADIOMARGARITAVILLE.COM
WWW.RADIOA1A.COM
WWW.BEACHFRONTRADIO.COM
WWW.RADIOTROPROCK.COM
WWW.TIKIMANRADIO.COM
WWW.RADIOTROPROCK.COM
WWW.SONGWRITERSISLAND.COM
WWW.SUMMERWINDRADIO.COM

We are collecting non-perishable food items for the **Atlantic Shores Baptist Church Food Pantry!** So on your next grocery trip, pick up some canned goods, pasta, rice, beans, cereal, peanut butter, or other healthy, shelf-stable food items and help out your neighbors. See Graham and Kathy Hallows with your donations.



Food Pantry

“When the Wild Life Betrays Me” Calendar

March

Tue 5th **Club Meeting**
AJ Gators 7:30 pm

Sat 16th **St Patrick’s Day Parade**

Thurs 28th **April Beakon Submission**
Deadline 5 pm

April

Tues 2nd **Club Meeting**
AJ Gators 7:30 pm

Sat 6th **SMILE Gala**
Botanical Gardens

Sun 7th **MS Walk**
ODU VB Higher Ed

Sat 20th **Road Clean Up**

Thur May 2nd **May Beakon Submission**
Deadline 5 pm

May

Tues 2nd **Club Meeting**
AJ Gators 7:30 pm

Thur 30th **June Beakon Submission**
Deadline 5 pm



WE’VE GOT SPACE FOR YOU!!!

SEE YOUR MUG HERE

Advertise in the *BEAKON!*
Just \$75 per year for a business-card sized ad!!!

For advertising information, please contact Scott Pitz at crabphin@aol.com



Everyone Needs A Little Sunshine!

Occasions arise in everyone’s lives where they might need some good old fashioned Parrot Head love. Please let Maryglenn Huffman (757) 574-4067 or 2fruitcakes@cox.net know about weddings, births, hospital stays, etc. so that we can reach out to our members in need of some sunshine!



Help out our phurry and pheathered phriends! At every meeting we will be collecting items for the SPCA. Items needed include food, litter, birdseed, biscuits, old newspapers and old towels. Items collected will be sent to the Virginia Beach SPCA.

PHCOT Membership—Note Dues are now \$40 per year

Membership includes a club T-shirt and this monthly newsletter. Annual dues are now **\$40.00 per person per year.** Membership renewal dues are required to be **paid in full by the October meeting** to remain a “Member in Good Standing” and are not pro-rated. However, **new membership dues** are prorated. You will find more information and a membership form at www.phcot.com. Click on ***“Visit Us”!*** Come join the phlock.

